

Run the Banner 2020 5k NEW YEAR NEW YOU in Lees Road Ennis Co Clare Saturday 18th January 2020

Provisional Results for All Competitors in finish order.

				Race	Race	
1	0:15:36	STUART MOLONEY,	Mooreabbey Milers AC	M40	613	1
2	0:15:39	LIAM NAUGHTON,	Ennis Track AC	M	671	2
3	0:16:54	RORY SEXTON,	Ennis Track AC	M	633	3
4	0:16:58	JAMIE KELLY,	Ennis Track AC	Junior Men	140	4
5	0:17:00	BRIAN SHEEDY,	Ennis Track AC	M40	21	5
6	0:17:19	BARBARA CLEARY,	Donore Harriers	F	636	6
7	0:17:22	KEVIN MC GINLEY,	Ennis Track AC	M	46	7
8	0:17:53	JOHN O GORMAN,	Kilmurry Ibrickane/North Clare	M50	83	8
9	0:17:59	JOHN HANNON,	B. M. O. H.	M40	632	9
10	0:18:10	COLIN MALONE,	Ennis Track AC	M	615	10
11	0:18:13	ALAN CONSIDINE,	Kilmurry Ibrickane/North Clare	M	680	11
12	0:18:16	JOHN MOLONEY,	Ennis Track AC	M45	622	12
13	0:18:18	ALAN WEBB 5K ONLY,	Ennis Track AC	M	139	13
14	0:18:19	MARK DALY,	Ennis Track AC	M35	616	14
15	0:18:27	SEAN CAHALANE,	Kilmurry Ibrickane/North Clare	M45	658	15
16	0:18:32	PADRAIG CAHILL,	Ennis Track AC	Junior Men	144	16
17	0:18:39	ALAN BYRNES,	Tulla AC	M40	693	17
18	0:18:41	DEREK LYNCH,	Fergus AC	M	59	18
19	0:19:01	COLM DALY ,	Ennis Track AC	M	669	19
20	0:19:03	BECKY COUGHLAN ,	Ennis Track AC	F35	99	20
21	0:19:06	ANN MARIE CONNELLAN,	Ennis Track AC	F45	62	21
22	0:19:08	JOHN O MALLEY,	Kilmurry Ibrickane/North Clare	M45	49	22
23	0:19:11	AIDAN DOWNES,	Fergus AC	M50	105	23
24	0:19:12	MICHAEL MINUCZYC,	Moyard	M	627	24
25	0:19:20	LIAM SHANNON,	Kilmurry Ibrickane/North Clare	M45	36	25
26	0:19:27	MICHAEL MOYNIHAN,	Kilnaboy	M	121	26
27	0:19:37	DAVID CORRY,	St Marys AC	M	28	27
28	0:19:39	EAMON MORGAN,	Kilmurry Ibrickane/North Clare	M45	32	28
29	0:19:40	COLM O NEILL,	Kildysart Road Ennis	M	665	29
30	0:19:40	MAEVE FLANNERY,	Derg AC	F35	134	30
31	0:19:42	NOREEN O SULLIVAN,	Broadford	F40	64	31
32	0:19:54	CORMAC DOWNES,	Clare Crusaders	M50	104	32
33	0:19:55	MIKE CLUNE,	Ennis Track AC	M55	82	33
34	0:20:01	KIERAN MC CARTHY,	Clare Crusaders	M40	675	34
35	0:20:10	JAMES KENNY,	Kilmurry Ibrickane/North Clare	M60	141	35
36	0:20:17	GAVIN COLLINS,	Ennis Track AC	M35	81	36
37	0:20:19	DECLAN CRONIN,	Mallow	M40	664	37
38	0:20:23	STEPHEN LYNN,	Ennis Track AC	M40	42	38
39	0:20:24	MARYANNE MURRAY,	St Cronans AC	Junior Ladies	635	39
40	0:20:25	PAT BAKER ,	Kilnamona	M45	40	40
41	0:20:30	VERONICA COLLERAN,	Ennis Track AC	F50	631	41
42	0:20:38	SEAMUS NUGENT,	Ennis	M	58	42
43	0:20:43	TOMAS WHELAN,	Kilnaboy	M	97	43
44	0:20:44	GERALDINE VAHEY,	Ennis Track AC	F45	126	44
45	0:20:48	KEITH BUTLER,	Clare Crusaders	M40	50	45
46	0:21:03	CILLIAN BOYD,	Ennis Track AC	M	1000	46
47	0:21:07	PA MORONEY,	Shannon	M	69	47
48	0:21:08	RITA KIERCE,	St Marys AC	F	630	48
49	0:21:11	GEAROID LAVERY,	Kilnaboy	M40	672	49
50	0:21:15	CLAIRE MADIGAN,	St Johns AC	F	660	50
51	0:21:15	PATRICK QUINN,	Clarecastle	M40	18	51
52	0:21:20	SHERENA MC GRATH,	Tulla AC	F	667	52
53	0:21:27	MICHAEL DARCY,	Newmarket On Fergus	M45	75	53
54	0:21:33	MARY CAHILL,	Ennis Track AC	F40	129	54
55	0:21:40	JOHN GRAY,	Galway	M50	673	55
56	0:21:44	FERGAL LAVERY,	Kilnaboy	M	650	56
57	0:21:47	GRACE RYNNE,	Gort Road Ennis	F	688	57
58	0:21:49	SIOBHAN LENNON,	Ennis Track AC	F45	145	58
59	0:21:50	CHRIS HACKETT,	Ennis Tri Club	M	30	59
60	0:21:52	PAT LYNCH,	Kilrush	M40	41	60
61	0:21:52	JIMMY DOYLE,	Ennis Track AC	M55	130	61
62	0:21:53	LISA MC GRATH,	Ennis Track AC	F	33	62
63	0:21:53	ROB BRYAN,	Shannon	M55	684	63
64	0:21:57	FRANCIS MC MAHON,	Kilnaboy	M55	10	64

65	0:21:57	COLIN MULLANEY,	Ennis	M	48	65
66	0:21:58	DECLAN MORRISSEY,	Dublin	M35	691	66
67	0:22:07	MARTINA MURPHY,	St Cronans AC	F50	624	67
68	0:22:08	PAMEL ZIELNSKI,	Moyard	M35	628	68
69	0:22:09	KIERAN HASSETT,	Kilmurry Ibrickane/North Clare	M35	618	69
70	0:22:16	ANTHONY EGAN,	Kilnaboy	M	3	70
71	0:22:23	MALCOLM HENNIGAN,	Loughrea	M55	26	71
72	0:22:25	JOHN MC ENERY,	Ennis	M50	662	72
73	0:22:28	JAMES DOWNES,	Kilmurry Ibrickane/North Clare	Junior Men	607	73
74	0:22:30	TONY CARROLL,	Kilmurry Ibrickane/North Clare	Junior Men	608	74
75	0:22:32	TOM O CONNOR,	Kilmurry Ibrickane/North Clare	Junior Men	606	75
76	0:22:34	FIONA KINSELLA,	Kilmurry Ibrickane/North Clare	F50	53	76
77	0:22:35	COLM CARTY,	Boru Tri Club Limerick	M40	112	77
78	0:22:39	GARY CARROLL,	Kilmurry Ibrickane/North Clare	M45	52	78
79	0:22:39	JOHN BROPHY,	Tullamore Harriers AC	M	697	79
80	0:22:42	DAVID HOGAN,	Shannon	M40	94	80
81	0:22:43	ANNETTE KELLY,	Ennis	F40	651	81
82	0:22:46	MAIRE DONOHUE,	Kilmurry Ibrickane/North Clare	F	44	82
83	0:22:55	MICHAEL REID,	Kilmaley	M40	659	83
84	0:23:01	CLAIRE RYAN,	Clare Crusaders	F40	63	84
85	0:23:06	MARTIN MC GUANE,	Miltown Malbay	M	45	85
86	0:23:11	T J BUCKLEY,	Ennis Track AC	M65	1	86
87	0:23:12	ROMAN FAHY,	Ennis Track AC	Junior Men	593	87
88	0:23:16	RICHARD ROBINSON,	Crusheen	M45	678	88
89	0:23:23	DEREK MC GANN,	Love 2 Run Running Club	M50	661	89
90	0:23:24	EUGENE MORONEY,	Love 2 Run Running Club	M45	84	90
91	0:23:29	FERGAL MC GRATH,	Ennis Track AC	M45	657	91
92	0:23:31	JAMES BLAKE,	Ennis	M	34	92
93	0:23:36	MAGS MALONE,	Kilmurry Ibrickane/North Clare	F45	115	93
94	0:23:47	THOMAS FITZMAURICE,	Bodyke	M45	65	94
95	0:23:48	SUE GARRAHY,	Kilmurry Ibrickane/North Clare	F55	114	95
96	0:23:48	AISLINN CLOHESSY,	Liscannor	F35	25	96
97	0:23:49	RUARI CONCANNON,	Clare Crusaders	M40	22	97
98	0:23:53	DOMINIC DEVEREUX,	Country Club Limerick	M60	674	98
99	0:23:54	ALAN CAROLAN,	Moygowna GAA Mayo	M	118	99
100	0:23:54	ALFONSO BERDUQUE,	Crusheen	M40	679	100
101	0:23:57	BERNADETTE O CONNOR,	Galway	F35	70	101
102	0:24:08	JOHN O LOONEY,	Newmarket On Fergus	M	35	102
103	0:24:10	ANGELA BEHAN,	Clare Crusaders	F45	54	103
104	0:24:11	CLAIRE MURPHY,	South Galway AC	F	647	104
105	0:24:15	NESSA QUINN,	Shannon	F40	93	105
106	0:24:22	CLAIRE LOFTES,	Love 2 Run Running Club	F40	621	106
107	0:24:23	SUZANNE SCANLON,	Tiermaclane	F	682	107
108	0:24:25	DEIRDRE COLLINS,	Graney AC	F35	110	108
109	0:24:38	DIARMUID HUGHES,	Shannon	M	127	109
110	0:24:46	CONOR SEXTON,	Miltown Malbay	M	592	110
111	0:24:46	SEAN WHELAN,	Ennis Track AC	M65	120	111
112	0:24:53	KEVIN NICHOLSON,	Blackhorse Ave Dublin	M	696	112
113	0:24:53	FRANK NASH,	Ennis Tri Club	M50	87	113
114	0:25:08	BRENDAN HAYES,	Kilmurry Ibrickane/North Clare	M	137	114
115	0:25:16	NOREEN O DWYER,	Ennis	F40	646	115
116	0:25:17	ED O DWYER,	Ennis	M40	645	116
117	0:25:22	BRIAN DOOLEY,	Gort Road Ennis	M	605	117
118	0:25:22	AISHLING CONLON,	Ardnacrusha	F	131	118
119	0:25:24	MARIE O GRADY,	Crusheen	F	648	119
120	0:25:25	UNA SHANNON,	Kilmurry Ibrickane/North Clare	F40	37	120
121	0:25:26	NOELLE HASSETT,	Kilmurry Ibrickane/North Clare	F	619	121
122	0:25:27	SUZANNE QUINN,	Clarecastle	F40	136	122
123	0:25:28	DERMOT CONNOLLY,	Gort	M45	603	123
124	0:25:29	KEVIN O LOUGHLIN,	Kilmurry Ibrickane/North Clare	M65	142	124
125	0:25:49	SILE O LOUGHLIN,	Kilmurry Ibrickane/North Clare	F45	2	125
126	0:25:53	RORY KILCULLEN,	Kilmurry Ibrickane/North Clare	M45	143	126
127	0:26:05	MARGARET RYAN,	Ennis Tri Club	F40	610	127
128	0:26:09	JACINTA O GRADY,	South Galway AC	F	23	128
129	0:26:22	MIKE MURPHY,	Ennis	M	649	129
130	0:26:27	JAMES COLLINS,	South Galway AC	M50	596	130
131	0:26:32	ETHAN KERIN,	Ennis	M	599	131
132	0:26:32	DECLAN MEANEY,	Ennis	M	600	132
133	0:26:37	EVELYN HANRAHAN,	Limerick	F50	6	133
134	0:26:41	DEREK CAROLAN,	Moygowna GAA Mayo	M40	119	134
135	0:26:45	CYRIL O SULLIVAN,	Fergus AC	M	31	135
136	0:26:48	DAVID MORRISSEY,	Doora Barefield	M40	692	136
137	0:26:51	KEVIN HANRAHAN,	Kilmurry Ibrickane/North Clare	M	598	137
138	0:26:53	MAEVE O DWYER,	Quin	F	653	138
139	0:26:55	BRID O DWYER,	Quin	F	652	139
140	0:26:55	AINE MC NAMARA,	Ennis	F35	76	140
141	0:26:59	NIAMH LENNON,	Ennis Track AC	Junior Ladies	597	141
142	0:27:06	ELAINE DUGGAN,	Love 2 Run Running Club	F	80	142
143	0:27:13	M. J. CONLON,	Athenry AC	M	128	143
144	0:27:17	BRENDAN CUSACK,	Kilmurry Ibrickane/North Clare	M60	591	144
145	0:27:19	DAVID NEENAN,	Coolmeen	M40	604	145

146	0:27:28	RHEA CONNELLAN,	Tulla Road Ennis	F	91	146
147	0:27:29	JOE SHANNON,	Kilmurry Ibrickane/North Clare	M45	623	147
148	0:27:30	BOGDAN BANDURA,	Galway	M	699	148
149	0:27:31	SEAN GRIFFIN,	Kilmaley	M45	638	149
150	0:27:33	ELLA KELLY,	Kilnaboy	F40	122	150
151	0:27:39	SIOBHAN RYAN,	Corofin	F40	620	151
152	0:27:45	LOUISE TALTY,	Friels Running Club	F	595	152
153	0:28:00	SIOBHAN CAREY,	Corofin	F40	89	153
154	0:28:04	JOHN QUILL,	Ennis Tri Club	M50	78	154
155	0:28:04	KATIE RYAN,	Maigh	F	116	155
156	0:28:06	MAEVE KEANE,	Dublin	F45	39	156
157	0:28:09	FIONA O ROURKE,	Crusheen	F	663	157
158	0:28:22	GERARD RYAN,	Ennis	M55	609	158
159	0:28:25	COLETTE QUINLIVAN,	Ennis Tri Club	F50	602	159
160	0:28:33	TRACEY REID,	Ennis Track AC	F40	687	160
161	0:28:39	JIM FINNEGAN,	Liscannor	M45	132	161
162	0:28:41	EDEL MC GUANE,	Ennis	F35	601	162
163	0:28:44	EMER KIERCE,	Toor Miltown Malbay	F	138	163
164	0:28:55	JOAN MC NAMARA,	Kilkee	F40	86	164
165	0:29:05	JO FENNESSY,	Love 2 Run Running Club	F	135	165
166	0:29:14	CIARA LYNCH,	Gort Road Ennis	F	95	166
167	0:29:20	IMELDA MC NAMARA,	Ennis	F35	677	167
168	0:29:24	NIAMH GLYNN,	Quin Road Ennis	F40	676	168
169	0:29:31	MARY MC KEOWN,	West Clare Tri Club	F55	51	169
170	0:29:38	MARY FAHY,	Ennis	F40	683	170
171	0:29:38	THERESE MOORE,	Ennis	F40	656	171
172	0:29:41	SIOBHAN GRIFFIN,	Ennis	F	79	172
173	0:29:42	LYNDA JACKSON,	Doora Barefield	F45	640	173
174	0:29:44	CLODAGH SHORTISS,	Shannon	F	637	174
175	0:30:06	AOIBHINN CORBETT,	Clarecastle	Junior Ladies	614	175
176	0:30:08	EMER PIGOTT,	Cahercalla beg Ennis	F35	111	176
177	0:30:10	MARIE CORBETT,	Ardnacrusha	F45	66	177
178	0:30:15	MARK O DWYER,	Ennis	M45	125	178
179	0:30:35	LORETTO MC NAMARA,	Graney AC	F55	13	179
180	0:31:24	CAROLE NEYLON,	Ennis Track AC	F45	654	180
181	0:31:32	MAIREAD TARPEY,	Athenry AC	F45	73	181
182	0:31:47	SIOBHAN FOX,	Athone	F35	655	182
183	0:31:54	SHEREENA CHAMBERS,	Cooaclare	F	670	183
184	0:31:54	MAJELLA GRIFFIN,	Kilkee	F40	668	184
185	0:32:01	JUDYTA PRZYBYLSKA,	Galway	F	698	185
186	0:32:09	EILIDH MAC,	Doolin	F40	626	186
187	0:32:12	ROBERT O NEILL,	Ennis	M	5	187
188	0:32:14	RACHEL MURPHY,	Meelick	Junior Ladies	642	188
189	0:32:14	MARY MURPHY,	Meelick	F40	643	189
190	0:32:17	MICHELLE MC GUIRE,	Kilmihil	F35	67	190
191	0:32:31	ANN SLATTERY,	Clarecastle	F50	27	191
192	0:32:47	KRISTEN LOEKER,	The Wood Ennis	F40	133	192
193	0:32:47	SINEAD SLATTERY,	Corofin	F40	103	193
194	0:33:42	JEANNETTE REGAN,	Ennis	F35	55	194
195	0:33:42	JAMES KEANE,	Spancill Hill Ennis	M45	146	195
196	0:33:49	MARY MORGAN,	Kilnaboy	F35	9	196
197	0:33:49	DIANE NESTOR,	Ennis	F	74	197
198	0:33:49	NOLLAIG O SULLIVAN,	Killaloe	F40	98	198
199	0:34:09	HELEN DEVITT,	Kilmurry Ibrickane/North Clare	F45	148	199
200	0:34:50	TRUDY PIGOTT,	Tulla Road Ennis	F40	634	200
201	0:35:25	PAULA MC HALE,	Ennis	F45	124	201
202	0:35:25	LEANNE RYNNE,	Gort Road Ennis	F35	689	202
203	0:35:25	GRAINNE SYNOTT,	Love 2 Run Running Club	F35	617	203
204	0:35:48	JENNY MARTIN,	North Clare Cruisers KIB/NC	F45	625	204
205	0:36:01	TERESA HENNIGAN,	Loughrea	F	644	205
206	0:36:21	MAIREAD FLAVAN,	Kilkee	F	60	206
207	0:36:58	EIMEAR CONSIDINE,	Friels Running Club	F	594	207
208	0:37:10	PAULA BOWES,	Feakle	F40	20	208
209	0:37:10	NIAMH MC NAMARA,	Caher	F40	72	209
210	0:37:12	NOELEEN FITZGERALD,	Tulla Road Ennis	F50	109	210
211	0:37:12	AMY TURNER,	Corofin	F55	629	211
212	0:37:27	DAN JAFFRAY,	Monaongy Foundation Dublin	M	690	212
213	0:38:04	MARITA CAROLAN,	Craughwell	F45	611	213
214	0:38:05	AUDREY CAHILL,	Kilmurry Ibrickane/North Clare	F40	612	214
215	0:39:32	EMMA BURKE,	Corofin	F	681	215
216	0:39:41	JENNIFER GREENE,	Liscannor	F	15	216
217	0:40:04	CINDY NIECKELE 5K ONLY,	Hazel Lane Ennis	F	17	217
218	0:40:11	ALAN SMYTH,	Kilkee	M	61	218
219	0:42:30	VERONICA MOYNIHAN,	Sixmilebridge	F50	29	219
220	0:42:35	SIOBHAN O CONNOR,	Sixmilebridge	F45	7	220
221	0:45:02	EDEL GREENE,	Liscannor	F50	16	221
222	0:50:50	PATRICIA SHEEHAN,	Marian AC	F55	641	222
223	0:51:27	MARIAM GRIFFIN,	Kilmaley	F45	639	223
224	0:55:13	CIARA FARRELL,	Ennis	F	694	224
225	0:55:13	CLAIRE NAGLE,	Ennis	F35	695	225

Provisional Race Directors' Prize Presentation List

All Ladies

				Race	Race
1	0:17:19	BARBARA CLEARY,	Donore Harriers	F	636 6
2	0:19:03	BECKY COUGHLAN ,	Ennis Track AC	F35	99 20
3	0:19:06	ANN MARIE CONNELLAN,	Ennis Track AC	F45	62 21
4	0:19:40	MAEVE FLANNERY,	Derg AC	F35	134 30
5	0:19:42	NOREEN O SULLIVAN,	Broadford	F40	64 31
6	0:20:24	MARYANNE MURRAY,	St Cronans AC	Junior Ladies	635 39
7	0:20:30	VERONICA COLLERAN,	Ennis Track AC	F50	631 41
8	0:20:44	GERALDINE VAHEY,	Ennis Track AC	F45	126 44
9	0:21:08	RITA KIERCE,	St Marys AC	F	630 48
10	0:21:15	CLAIRE MADIGAN,	St Johns AC	F	660 50
11	0:21:20	SHERENA MC GRATH,	Tulla AC	F	667 52
12	0:21:33	MARY CAHILL,	Ennis Track AC	F40	129 54
13	0:21:47	GRACE RYNNNE,	Gort Road Ennis	F	688 57
14	0:21:49	SIOBHAN LENNON,	Ennis Track AC	F45	145 58
15	0:21:53	LISA MC GRATH,	Ennis Track AC	F	33 62
16	0:22:07	MARTINA MURPHY,	St Cronans AC	F50	624 67
17	0:22:34	FIONA KINSELLA,	Kilmurry Ibrickane/North Clare	F50	53 76
18	0:22:43	ANNETTE KELLY,	Ennis	F40	651 81
19	0:22:46	MAIRE DONOHUE,	Kilmurry Ibrickane/North Clare	F	44 82
20	0:23:01	CLAIRE RYAN,	Clare Crusaders	F40	63 84

F35

				Race	Race
1	0:19:03	BECKY COUGHLAN ,	Ennis Track AC	F35	99 20
2	0:19:40	MAEVE FLANNERY,	Derg AC	F35	134 30
3	0:23:48	AISLINN CLOHESSY,	Liscannor	F35	25 96
4	0:23:57	BERNADETTE O CONNOR,	Galway	F35	70 101
5	0:24:25	DEIRDRE COLLINS,	Graney AC	F35	110 108
6	0:26:55	AINE MC NAMARA,	Ennis	F35	76 140

F40

				Race	Race
1	0:19:42	NOREEN O SULLIVAN,	Broadford	F40	64 31
2	0:21:33	MARY CAHILL,	Ennis Track AC	F40	129 54
3	0:22:43	ANNETTE KELLY,	Ennis	F40	651 81
4	0:23:01	CLAIRE RYAN,	Clare Crusaders	F40	63 84
5	0:24:15	NESSA QUINN,	Shannon	F40	93 105
6	0:24:22	CLAIRE LOFTES,	Love 2 Run Running Club	F40	621 106

F45

				Race	Race
1	0:19:06	ANN MARIE CONNELLAN,	Ennis Track AC	F45	62 21
2	0:20:44	GERALDINE VAHEY,	Ennis Track AC	F45	126 44
3	0:21:49	SIOBHAN LENNON,	Ennis Track AC	F45	145 58
4	0:23:36	MAGS MALONE,	Kilmurry Ibrickane/North Clare	F45	115 93
5	0:24:10	ANGELA BEHAN,	Clare Crusaders	F45	54 103
6	0:25:49	SILE O LOUGHLIN,	Kilmurry Ibrickane/North Clare	F45	2 125

F50

				Race	Race
1	0:20:30	VERONICA COLLERAN,	Ennis Track AC	F50	631 41
2	0:22:07	MARTINA MURPHY,	St Cronans AC	F50	624 67
3	0:22:34	FIONA KINSELLA,	Kilmurry Ibrickane/North Clare	F50	53 76
4	0:26:37	EVELYN HANRAHAN,	Limerick	F50	6 133
5	0:28:25	COLETTE QUINLIVAN,	Ennis Tri Club	F50	602 159
6	0:32:31	ANN SLATTERY,	Clarecastle	F50	27 191

F55

				Race	Race
1	0:23:48	SUE GARRAHY,	Kilmurry Ibrickane/North Clare	F55	114 95
2	0:29:31	MARY MC KEOWN,	West Clare Tri Club	F55	51 169
3	0:30:35	LORETTO MC NAMARA,	Graney AC	F55	13 179
4	0:37:12	AMY TURNER,	Corofin	F55	629 211
5	0:50:50	PATRICIA SHEEHAN,	Marian AC	F55	641 222

Junior Ladies

				Race	Race
1	0:20:24	MARYANNE MURRAY,	St Cronans AC	Junior Ladies	635 39
2	0:26:59	NIAMH LENNON,	Ennis Track AC	Junior Ladies	597 141
3	0:30:06	AOIBHINN CORBETT,	Clarecastle	Junior Ladies	614 175
4	0:32:14	RACHEL MURPHY,	Meelick	Junior Ladies	642 188

M40

				Race	Race
1	0:15:36	STUART MOLONEY,	Mooreabbey Milers AC	M40	613 1
2	0:17:00	BRIAN SHEEDY,	Ennis Track AC	M40	21 5
3	0:17:59	JOHN HANNON,	B. M. O. H.	M40	632 9
4	0:18:39	ALAN BYRNES,	Tulla AC	M40	693 17
5	0:20:01	KIERAN MC CARTHY,	Clare Crusaders	M40	675 34
6	0:20:19	DECLAN CRONIN,	Mallow	M40	664 37

			Race	Race
M45				
1	0:18:16 JOHN MOLONEY,	Ennis Track AC	M45	622 12
2	0:18:27 SEAN CAHALANE,	Kilmurry Ibrickane/North Clare	M45	658 15
3	0:19:08 JOHN O MALLEY,	Kilmurry Ibrickane/North Clare	M45	49 22
4	0:19:20 LIAM SHANNON,	Kilmurry Ibrickane/North Clare	M45	36 25
5	0:19:39 EAMON MORGAN,	Kilmurry Ibrickane/North Clare	M45	32 28
6	0:20:25 PAT BAKER ,	Kilnamona	M45	40 40
M50				
1	0:17:53 JOHN O GORMAN,	Kilmurry Ibrickane/North Clare	M50	83 8
2	0:19:11 AIDAN DOWNES,	Fergus AC	M50	105 23
3	0:19:54 CORMAC DOWNES,	Clare Crusaders	M50	104 32
4	0:21:40 JOHN GRAY,	Galway	M50	673 55
5	0:22:25 JOHN MC ENERY,	Ennis	M50	662 72
6	0:23:23 DEREK MC GANN,	Love 2 Run Running Club	M50	661 89
M55				
1	0:19:55 MIKE CLUNE,	Ennis Track AC	M55	82 33
2	0:21:52 JIMMY DOYLE,	Ennis Track AC	M55	130 61
3	0:21:53 ROB BRYAN,	Shannon	M55	684 63
4	0:21:57 FRANCIS MC MAHON,	Kilnaboy	M55	10 64
5	0:22:23 MALCOLM HENNIGAN,	Loughrea	M55	26 71
6	0:28:22 GERARD RYAN,	Ennis	M55	609 158
M60				
1	0:20:10 JAMES KENNY,	Kilmurry Ibrickane/North Clare	M60	141 35
2	0:23:53 DOMINIC DEVEREUX,	Country Club Limerick	M60	674 98
3	0:27:17 BRENDAN CUSACK,	Kilmurry Ibrickane/North Clare	M60	591 144
M65				
1	0:23:11 T J BUCKLEY,	Ennis Track AC	M65	1 86
2	0:24:46 SEAN WHELAN,	Ennis Track AC	M65	120 111
3	0:25:29 KEVIN O LOUGHLIN,	Kilmurry Ibrickane/North Clare	M65	142 124
Junior Men				
1	0:16:58 JAMIE KELLY,	Ennis Track AC	Junior Men	140 4
2	0:18:32 PADRAIG CAHILL,	Ennis Track AC	Junior Men	144 16
3	0:22:28 JAMES DOWNES,	Kilmurry Ibrickane/North Clare	Junior Men	607 73
4	0:22:30 TONY CARROLL,	Kilmurry Ibrickane/North Clare	Junior Men	608 74
5	0:22:32 TOM O CONNOR,	Kilmurry Ibrickane/North Clare	Junior Men	606 75
6	0:23:12 ROMAN FAHY,	Ennis Track AC	Junior Men	593 87
All Men				
1	0:15:36 STUART MOLONEY,	Mooreabbey Milers AC	M40	613 1
2	0:15:39 LIAM NAUGHTON,	Ennis Track AC	M	671 2
3	0:16:54 RORY SEXTON,	Ennis Track AC	M	633 3
4	0:16:58 JAMIE KELLY,	Ennis Track AC	Junior Men	140 4
5	0:17:00 BRIAN SHEEDY,	Ennis Track AC	M40	21 5
6	0:17:22 KEVIN MC GINLEY,	Ennis Track AC	M	46 7
7	0:17:53 JOHN O GORMAN,	Kilmurry Ibrickane/North Clare	M50	83 8
8	0:17:59 JOHN HANNON,	B. M. O. H.	M40	632 9
9	0:18:10 COLIN MALONE,	Ennis Track AC	M	615 10
10	0:18:13 ALAN CONSIDINE,	Kilmurry Ibrickane/North Clare	M	680 11
11	0:18:16 JOHN MOLONEY,	Ennis Track AC	M45	622 12
12	0:18:18 ALAN WEBB 5K ONLY,	Ennis Track AC	M	139 13
13	0:18:19 MARK DALY,	Ennis Track AC	M35	616 14
14	0:18:27 SEAN CAHALANE,	Kilmurry Ibrickane/North Clare	M45	658 15
15	0:18:32 PADRAIG CAHILL,	Ennis Track AC	Junior Men	144 16
16	0:18:39 ALAN BYRNES,	Tulla AC	M40	693 17
17	0:18:41 DEREK LYNCH,	Fergus AC	M	59 18
18	0:19:01 COLM DALY ,	Ennis Track AC	M	669 19
19	0:19:08 JOHN O MALLEY,	Kilmurry Ibrickane/North Clare	M45	49 22
20	0:19:11 AIDAN DOWNES,	Fergus AC	M50	105 23