

RUN THE BANNER Clare Athletics 5k Summer Series Race No.4

Lees Road, Ennis Co Clare Thursday 1 August 2019. 7:00 pm

Provisional Results for All Competitors in finish order.

			Race	Race
1	0:17:29 JOHN MOLONEY,	Ennis Track AC	M	289 1
2	0:18:00 JOHN O GORMAN,	Kilmurry Ibrickane/North Clare	M	49 2
3	0:18:19 DARA MULCONROY,	Tulla AC	M	32 3
4	0:18:55 MICHAEL MOYNIHAN,	Kilnaboy	M	362 4
5	0:19:02 DAVID CORRY,	St Marys AC	M	23 5
6	0:19:08 COLM RYAN,	St Cronans AC	M	276 6
7	0:19:11 AISLING KELLY,	St Johns AC	F	30 7
8	0:19:16 BRIAN TROY,	St Johns AC	M	363 8
9	0:19:17 SEAN CAHALANE,	Love 2 Run Running Club	M	367 9
10	0:19:20 AARON KELLY,	St Marys AC	M	55 10
11	0:19:33 PETE TONGE,	Ennis Track AC	M	298 11
12	0:19:34 BRIAN SHEEDY,	Newmarket On Fergus	M	293 12
13	0:19:34 ANN MARIE CONNELLAN,	Ennis Track AC	F	309 13
14	0:19:41 TOMAS WHELAN,	Kilnaboy	M	25 14
15	0:19:43 LIAM SHANNON,	Kilmurry Ibrickane/North Clare	M	271 15
16	0:19:50 MIKE CLUNE,	Ennis Track AC	M	7 16
17	0:19:50 PAT BAKER ,	Kilnamona	M	444 17
18	0:19:53 KEVIN SYNOTT,	Ennis Track AC	M	284 18
19	0:20:10 JIM CARRIGAN,	Ennis Track AC	M	297 19
20	0:20:20 JAMES CROSSE,	Kilmurry Ibrickane/North Clare	M	13 20
21	0:21:01 CLAIRE MADIGAN,	St Johns AC	F	279 21
22	0:21:06 IAN CAROLAN,	Clare Crusaders	M	278 22
23	0:21:14 ROBERT DWANE,	Tulla	M	325 23
24	0:21:17 JOHN GRAY,	Galway	M	291 24
25	0:21:21 MARY CAHILL,	Ennis Track AC	F	31 25
26	0:21:34 ANNE MARIE CARPENTER,	Clare Crusaders	F	60 26
27	0:21:35 DON REGAN,	Spartan Fitness	M	285 27
28	0:21:37 MICHEAL CLANCY,	Lahinch	M	274 28
29	0:21:44 GER SLATER,	Country Club Limerick	M	272 29
30	0:21:47 MICHELLE O MAHONY,	Kilmurry Ibrickane/North Clare	F	300 30
31	0:21:47 GARY CARROLL,	Kilmurry Ibrickane/North Clare	M	288 31
32	0:21:52 DONAL WALSH,	South Galway AC	M	275 32
33	0:22:09 JIMMY DOYLE,	Ennis Track AC	M	51 33
34	0:22:18 PADRAIG BREATHNACH,	Ennis	M	54 34
35	0:22:21 FERFAL LAVERY,	Kilnaboy	M	420 35
36	0:22:35 SIOBHAN LENNON,	Ennis Track AC	F	361 36
37	0:23:00 MAGS MALONE,	Kilmurry Ibrickane/North Clare	F	57 37
38	0:23:04 TIM JOE BUCKLEY,	Ennis Track AC	M	24 38
39	0:23:15 CYRIL HOWARD,	Spartan Fitness	M	11 39
40	0:23:27 SUE GARRAHY,	Kilmurry Ibrickane/North Clare	F	27 40
41	0:23:28 PAT BOGUE,	Clare Crusaders	M	26 41
42	0:23:45 SHANE MC CARTHY,	St Marys AC	M	402 42
43	0:23:54 FRANCIS MC MAHON,	Kilnaboy	M	386 43
44	0:24:06 DAMIAN HOWARD,	Ruan	M	12 44
45	0:24:18 SEAN WHELAN,	Ennis Track AC	M	33 45
46	0:24:53 PATRICK VICKERS,	Newmarket On Fergus	M	292 46
47	0:25:22 EOIN QUINN,	Ennis	M	4 47
48	0:25:29 KIERAN MEEHAN,	Lahinch	M	383 48
49	0:26:19 BRID O DWYER,	Quin	F	287 49
50	0:26:40 KAY NOLAN,	Ennis	F	408 50

51	0:26:57	MAEVE O DWYER,	Quin	F	295	51
52	0:26:58	MARGARET RYAN,	Ennis Tri Club	F	390	52
53	0:26:58	MARTIN CAREY,	Ennis Track AC	M	294	53
54	0:27:41	JAMES COLLINS,	Graney AC	M	273	54
55	0:27:52	BRENDAN CUSACK,	Kilmurry Ibrickane/North Clare	M	37	55
56	0:28:01	JAMES CONWAY,	Ennis	M	283	56
57	0:29:01	ROISIN CONWAY,	Ennis	F	282	57
58	0:29:35	AISLING DOYLE,	Ballyea	F	280	58
59	0:29:42	JO FENNESSY,	Ennis	F	3	59
60	0:29:47	SHARON LAVERY,	Kilnaboy	F	299	60
61	0:29:57	CATHERINE MURPHY,	Lees Road Park Run	F	17	61
62	0:30:26	ALAN FLOCKHART,	Wicklow	M	296	62
63	0:31:20	PAULA MC HALE,	Ennis	F	46	63
64	0:31:22	CIARA MESKILL,	Ennis	F	277	64
65	0:33:41	TRINA RYNNE,	Ennis	M	290	65
66	0:33:41	JOHN BEAKEY,	Ennis Track AC	M	281	66
67	0:34:41	MARY MORGAN,	Ennistymon	F	385	67
68	0:35:36	JOANNE LYNCH,	Ennis	F	354	68
69	0:38:01	CARMEL KILLEEN,	Love 2 Run Running Club	F	286	69
70	0:38:38	EILEEN WILLIAMS,	Ennis	F	1	70
71	0:38:38	SINEAD BURKE KEOGH,	Newmarket On Fergus	F	15	71

Ladies

					Race	Race
1	0:19:11	AISLING KELLY,	St Johns AC	F	30	7
2	0:19:34	ANN MARIE CONNELLAN,	Ennis Track AC	F	309	13
3	0:21:01	CLAIRE MADIGAN,	St Johns AC	F	279	21
4	0:21:21	MARY CAHILL,	Ennis Track AC	F	31	25
5	0:21:34	ANNE MARIE CARPENTER,	Clare Crusaders	F	60	26
6	0:21:47	MICHELLE O MAHONY,	Kilmurry Ibrickane/North Clare	F	300	30
7	0:22:35	SIOBHAN LENNON,	Ennis Track AC	F	361	36
8	0:23:00	MAGS MALONE,	Kilmurry Ibrickane/North Clare	F	57	37
9	0:23:27	SUE GARRAHY,	Kilmurry Ibrickane/North Clare	F	27	40
10	0:26:19	BRID O DWYER,	Quin	F	287	49
11	0:26:40	KAY NOLAN,	Ennis	F	408	50
12	0:26:57	MAEVE O DWYER,	Quin	F	295	51
13	0:26:58	MARGARET RYAN,	Ennis Tri Club	F	390	52
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17	0:29:47	SHARON LAVERY,	Kilnaboy	F	299	60
18	0:29:57	CATHERINE MURPHY,	Lees Road Park Run	F	17	61
19	0:31:20	PAULA MC HALE,	Ennis	F	46	63
20	0:31:22	CIARA MESKILL,	Ennis	F	277	64

Men

					Race	Race
1	0:17:29	JOHN MOLONEY,	Ennis Track AC	M	289	1
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18	0:20:20	JAMES CROSSE,	Kilmurry Ibrickane/North Clare	M	13	20
19	0:21:06	IAN CAROLAN,	Clare Crusaders	M	278	22
20	0:21:14	ROBERT DWANE,	Tulla	M	325	23