

Position	Number	Name	Gender	Category	Club	Time
1	367	Kevin Chesser	M	MS	Ennis Track A.C.	00.15.42.74
2	301	Donal Devane	M	MJ	Ennis track	00.15.50.43
3	327	Conor Devane	M	MJ	ennis track	00.15.54.19
4	368	Patrick Chesser	M	MS	Ennis Track A.C.	00.16.48.19
5	318	Liam Naughton	M	MS		00.16.52.10
6	160	Brian Murphy	M	MS	Ennis Track ac	00.16.58.10
7	328	Gerald Troy	M	M40	St Johns	00.16.59.15
8	155	Thomas Garrahy	M	MS	Kilmurry Ibrickane North Clare	00.17.04.18
9	67	Michael Hehir	M	M45	South galway athletic club	00.17.08.17
10	303	David McCormack	M	MS	St Johns	00.17.12.09
11	300	Kevin McGinley	M	MS	Ennis Track	00.17.18.80
12	350	John Moloney	M	M40	Ennis Track A.C.	00.17.21.10
13	335	JJ Cremin	M	MS	An Bru Ac	00.17.42.99
14	330	Barbara Cleary	F	F45		00:17:46.70
15	375	Martin Glynn	M	M45	Ennis Track A.C.	00.17.56.23
16	354	Peter Power	M	MS	Shannon Run Crew	00.18.01.59
17	369	Billy MCKenna	M	MS	Ennis Track A.C.	00:18:08.56
18	111	Diarmuid Whelan	M	MS	Friels Pub	00.18.13.40
19	14	Brian Sheedy	M	MS		00.18.15.32
20	62	John O'Gorman	M	M50	Kilmurry IBrickane North Clare	00.18.20.50
21	314	James Maher	M	MS	Ennis Track	00.18.24.80
22	278	Marko Horvat	M	MS	Ennis TC	00.18.29.84
23	377	Mark Daly	M	MS	Ennis Track A.C.	00.18.32.66
24	153	Derek Lynch Lynch	M	MS	Fergus a/c	00.18.36.13
25	279	Brian Troy	M	MS	St. John s A.C.	00.18.37.59
26	364	Tommy Carey	M	MS		00.18.42.52
27	140	Sean McNamara	M	M40	Kilmurry Ibrickane/North Clare AC	00.18.44.32
28	171	James Flanagan	M	M50		00.18.48.40
29	34	Colm Fitzgerald	M	MS	Ennis SC	00.18.50.20
30	143	John O m	M	M45		00.18.51.91
31	145	Anne Marie Connellan	F	F45	Ennis track	00.19.06.59
32	174	Kevin Synnott	M	M40	Ennis Track A.C	00.19.14.58
33	365	Shane Hayes	M	M40	Ennis Track A.C.	00.19.16.35
34	46	Tomas Whelan	M	MS	Kilnaboy AC	00.19.23.62
35	76	Pa Moroney	M	MS		00.19.30.62
36	15	James Kenny	M	M60		00.19.31.81
37	38	David Corry	M	MS	St. Mary s A.C.	00.19.33.72
38	357	Kieran Boland	M	M40		00.19.36.47
39	127	Liam Shannon	M	M45	Kilmurry Ibrickane/North Clare	00.19.39.37
40	1	Michael Moynihan	M	MS	Kilnaboy AC	00.19.14.10
41	107	Kieran Hassett	M	MS	Kilmurry Ibrickane North Clare	00.19.44.12
42	141	Selenia Nolan Culligan	F	F45		00.19.53.51
43	169	Seamus OGrady	M	M45	Roche Running Club	00.19.53.53
44	346	Martin Lillis	M	M45	Doora	00.19.59.65
45	312	Tom Micks	M	M45		00.20.04.60
46	347	Michelle Omahony	F	F55	Kilmurry Ibrickane North Clare	00:20:06.82
47	175	Pat Baker	M	M45	Kilnamone	00.20.06.08
48	257	Noreen O sullivan	F	F40		00.20.07.72
49	104	Diarmuid Kennelly	M	MS	Kilmurry Ibrickane North Clare	00.20.11.00
50	48	Mike Clune	M	M55	Ennis Track	00.20.11.22
51	166	Treacy Guilfoyle	F	F50	Kilnaboy AC	00.20.11.98
52	338	John Kennedy	M	MS		00.20.12.38
53	135	Maeve Flannery	F	F35		00.20.19.70
54	33	Keith Butler	M	M40	Clare Crusaders	00.20.23.91
55	21	Mary Cahill	F	F40	Ennis Track A.C	00.20.40.65
56	150	Eamonn Morgan	M	M45	Kilmurry Ibrickane North Clare	00.20.40.90
57	148	Anthony Culligan	M	M50	FERGUS AC	00.20.41.87
58	163	John McGrath	M	M40	Roche Running Club	00.20.46.88
59	121	David Burrows	M	M45	Storm Runners 2019	00.21.01.35
60	334	Michael Cremin	M	M50	An Bru Ac	00.21.04.78
61	58	Martin Keane	M	M45		00.21.07.15
62	65	Stephen Lynn	M	M40		00.21.12.03
63	370	Donal Walsh	M	M45	South Galway AC	00.21.15.65

64	355	Aishling Power	F	F50	Ennis Track A.C.	00.21.23.88
65	317	William Freney	M	M45	N/A	00.21.25.26
66	295	Ger Slater	M	M45	Limerick Country Club AC	00.21.40.00
67	144	Martina Murphy	F	F45		00.21.43.32
68	87	Sarah Boland	F	F40		00.21.46.25
69	27	Colin Mullaney	M	MS		00.21.48.09
70	39	Brian Collins	M	M45		00.21.49.95
71	164	Jimmy Doyle	M	M55	Ennis Track A.C	00.21.54.95
72	131	Fergal Lavery	M	MS	Kilnaboy AC	00.21.58.13
73	270	John Rush	M	MS		00.22.00.20
74	115	Martin Cusack	M	M45	Vitalograph Ltd.	00.22.02.87
75	11	Francis Mc Mahon	M	M50	Kilnaboy AC	00.22.07.10
76	51	Bernard Murphy	M	M40	ROCHE	00.22.07.57
77	157	Johnny Wilson	M	MS	Friels pub running club	00.22.07.90
78	117	Pat Lynch	M	M40	Vitalograph Ltd.	00.22.08.72
79	373	Ronan Malone	M	MS		00.22.09.47
80	259	Jp McGrath	M	MS		00.22.10.21
81	340	Cyril Casey	M	M40		00.22.11.71
82	339	Audrey Cahill	F	F35		00.22.15.84
83	302	Neil Hynes	M	MS		00.22.16.09
84	80	Diarmuid Hughes	M	MS		00.22.18.49
85	94	Eugene Moroney	M	M45		00.22.18.79
86	336	Anne Murray	F	F50	South Galway AC	00.22.20.07
87	78	David Callinan	M	M40		00.22.20.44
88	310	Gearoid Lavery	M	M40		00.22.23.82
89	17	Lisa McGrath	F	FS	Ennis Track	00.22.24.72
90	358	Kevin Corry	M	MS		00.22.27.76
91	136	Kenneth O Driscoll	M	M45		00.22.30.16
92	129	Rose Enright	F	F55	(St Marys ac) Vitalograph Ltd	00.22.31.83
93	290	Paul English	M	MS		00.22.32.77
94	60	Tim Joe Buckley	M	M65	ennis track club	00.22.33.86
95	139	Neil Jordan	M	M50	Go tri	00.22.34.10
96	151	Fiona Kinsella	F	F45	Kilmurry Ibrickane North Clare	00.22.34.12
97	20	Sue Garrahy	F	F55	Kilmurry Ibrickane/North Clare	00.22.37.13
98	294	Philip Kearney	M	MS		00.22.41.17
99	99	Anna Grealish	F	F35	Ennis Track	00.22.47.67
100	267	Mark O Brien	M	MS	N/a	00.23.11.70
101	176	Siobhan Lennon	F	F45	Ennis Track A.C	00.23.14.15
102	49	John Neenan	M	M45		00.23.23.98
103	344	Lisa Whelan	F	FJ		00.23.28.88
104	61	Ann Marie Carpenter	F	F35		00.23.32.00
105	79	John O'Looney	M	MS		00.23.32.45
106	54	Michael Kirrane	M	MS	ST MARYS	00.23.32.80
107	63	Maire Donohue	F	FS	Kilmurry Ibrickane/ North Clare AC	00.23.33.10
108	37	Peter McCarthy	M	M45	Ennis Tri Club	00.23.37.20
109	47	Annette Kelly	F	F40		00.23.38.42
110	97	Claire Ryan	F	F40	Spartan Fitness Ennis	00.23.39.30
111	96	Don Regan	M	MS		00.23.47.11
112	86	Claire Loftus	F	F40	Love to run	00.23.49.28
113	329	Claire Troy	F	F35	Ennis track	00.23.35.99
114	124	Vadimn McEvoy	M	MS	Storm Runners 2019	00.23.50.70
115	19	Claire O'Grady	F	FS	South Galway Athletics Club	00.23.51.94
116	299	Fergal McGrath	M	M45	Ennis Track A.C.	00.23.52.87
117	337	Kieth Farrell	M	MS		00.23.55.80
118	13	Gerard Ryan	M	M45	None	00.24.00.42
119	343	Collette Keniry	F	FS		00.23.17.89
120	112	Dominic Devereux	M	M55	Vitalograph Ltd.	00.23.54.10
121	92	Isadora Killeen	F	FS		00.23.54.18
122	45	James Blake	M	MS	N/A	00.24.10.13
123	101	Idelia Omalley	F	F50	Peru2	00.24.17.70
124	333	Tom Casey	M	M65	Ennis Track A.C.	00.24.40.74
125	349	Emma Moloney	F	FJ	Ennis Track A.C.	00.24.19.63
126	22	Brenda Breathnach	F	F45	Ennis Tri Club	00.24.34.22
127	326	Sinead Reidy	F	FJ		00.24.36.00

128	23	Bernadette O Connor	F	F35		00:24:44.71
129	162	Sean Whelan	M	M65		00:24:48.90
130	128	Una Shannon	F	F40	Kilmurry Ibrickane/North Clare	00:24:50.69
131	306	Oliver McInerney	M	M40	Tulla AC	00:24:53.09
132	100	Ian Dunn	M	M55	Peru2	00:24:55.23
133	332	Louise Kirrane	F	F35		00:24:56.14
134	321	John Moran	M	MS		00:24:56.14
135	353	Catherine Carmody	F	F45		00:24:56.58
136	12	Jacinta O'Grady	F	FS	South Galway AC	00:24:58.45
137	116	Aisling Pearl	F	F35	Vitalograph Ltd.	00:24:59.64
138	268	Jennifer Flanagan	F	FS		00:25:00.92
139	260	Laura McGrath	F	F35		00:25:11.49
140	273	Evan O'Grady	M	MJ		00:25:15.11
141	156	Shane Fitzgerald	M	MS	Friels pub running club	00:25:19.15
142	356	Siobhan Gallagher	F	F45	Ennis Track A.C.	00:25:25.13
143	172	Suzanne Quinn	F	F40		00:25:25.25
144	320	Aoife Nash O Connor	F	F35		00:25:27.08
145	125	Declan McEvoy	M	M55	Storm Runners 2019	00:25:28.17
146	122	Linda Joyce	F	F40	Storm Runners 2019	00:25:28.85
147	103	Josephine Ryan	F	F40	Love 2 Run Running Club	00:25:30.39
148	342	Frankie Nash	M	M55	Ennis Track A.C.	00:25:30.76
149	351	Sean Kearney	M	MJ	Clarecastle	00:25:40.98
150	110	Shane Ambrose	M	MS		00:25:42.76
151	341	Marita Carolan	F	F45	Craughwell AC	00:25:45.11
152	114	John King	M	MS	Vitalograph Ltd.	00:25:45.75
153	123	Lisa Mallon	F	F40	Storm Runners 2019	00:25:48.88
154	258	Elaine Gavin	F	FS	Clare crusaders	00:26:04.72
155	170	Jane Duffield	F	F40	WCTri	00:26:10.45
156	345	Conor Sexton	M	MS	Milltown Malbay	00:26:15.00
157	102	Olivia Flynn	F	F40	Love to Run	00:26:15.60
158	361	Richard Dilligan	M	MJ		00:26:28.72
159	304	Gerard Ryan	M	M55		00:26:37.94
160	18	Marie O'Grady	F	FS		00:26:42.52
161	29	Colm Clarke	M	M40		00:26:42.68
162	293	Pauline Kearney	F	F35		00:26:45.99
163	262	Patrick Lyons	M	MS	Clontarf Harriers	00:26:51.91
164	305	Elaine Slattery	F	F35		00:26:52.52
165	56	Ciara Nash	F	FS		00:26:52.82
166	134	Margaret Ryan	F	F40		00:26:53.13
167	307	Stephen Daffy	M	MS		00:26:54.16
168	274	Ailish O'Grady	F	FJ		00:26:56.15
169	263	Barry Lyons	M	MS	Clontarf Harriers	00:26:57.75
170	264	Sean Daffy	M	MS	Clontarf Harriers	00:26:59.82
171	272	Claire O'Grady	F	F35		00:27:00.43
172	271	Maria Kennelly	F	FS		00:27:01.01
173	360	Brid Odwyer	F	FS		00:27:11.79
174	109	Declan Hassett	M	MS		00:27:13.18
175	165	Mary Loughnane	F	F55	St Cronans	00:27:20.06
176	26	Michelle Conheady	F	FS		00:27:24.68
177	3	Denise Sweeney	F	F35		00:27:25.33
178	319	Bernie Oflaherty	F	F45		00:27:37.65
179	130	Sharon Lavery	F	F35	Kilnaboy AC	00:27:41.85
180	32	Laura Maloney	F	FS		00:27:42.34
181	133	Damian McCormack	M	M50		00:27:47.17
182	313	Eamonn Corry	M	MS		00:27:53.23
183	316	David McDonnell	M	M45		00:27:54.16
184	69	John McInerney	M	MS		00:27:55.70
185	132	Christine Ororke	F	F35		00:27:56.06
186	82	Eddie Thompson	M	MS		00:28:06.59
187	309	Shauna Harvey	F	FS		00:28:15.63
188	308	Ciara Harvey	F	FS		00:28:16.27
189	142	Donall O Connor	M	MS		00:28:18.90
190	325	Michael Quinlan	M	M50		00:28:37.57
191	147	Matthew Griffin	M	M55		00:28:37.62

192	59	Brid Lillis	F	FS		00:28:39.08
193	331	Anne Devereux	F	F55		00:28:45.01
194	296	Mary Liddy	F	F50		00:28:47.82
195	297	Ciara Walsh	F	FS		00:28:48.43
196	73	Lorraine Conheady	F	FS	N/A	00:28:53.65
197	50	Ann Slattery	F	F50		00:28:57.23
198	379	James Keane	M	M45		00:28:59.67
199	72	Louise Conheady	F	FS	Ashford AC	00:29:02.68
200	376	Marie Keane	F	F50		00:29:19.26
201	167	Roisin Breheny	F	F45		00:29:25.79
202	66	Breda Fahy	F	F45		00:29:27.13
203	323	Janice Guinnane	F	FS	Kilnaboy Ac	00:29:28.19
204	371	Ellen Langley	F	FS		00:29:37.42
205	108	Noelle Hassett	F	F35		00:29:46.06
206	359	Maeve Odwyer	F	FS		00:29:47.72
207	89	Jessica Mullins	F	FS		00:29:49.64
208	137	Aine O Driscoll	F	F45		00:29:50.20
209	374	Noreen Kelleher	F	F50	Tulla AC	00:29:50.21
210	93	Jennifer Vickers	F	F35		00:30:01.83
211	77	Angela Gibbons	F	F40		00:30:01.87
212	95	Jason Woods	M	M45	Turnpike Harriers	00:30:02.41
213	298	Caroline Crowley	F	F35		00:30:04.78
214	71	Eimear Meehan	F	FS		00:30:12.12
215	70	Declan Mullane	M	MS		00:30:12.14
216	6	Meadhbh Ni Bhriain	F	FS		00:30:16.84
217	311	Sean Loughnane	M	MS		00:30:21.24
218	363	Deirdre Hogan	F	F40		00:30:32.79
219	362	Sinead Carey	F	F35		00:30:33.97
220	28	Dermot Dinan	M	M40		00:30:46.33
221	25	Brian Maloney	M	MS		00:30:54.48
222	40	Pj O Gorman	M	M50		00:30:57.06
223	120	Myrthe Batrel	F	F40	Storm Runners 2019	00:30:57.64
224	265	Nicole O Riordan	F	FS	Ennis Track	00:30:59.63
225	146	Fiona Roche	F	F45	Misfits	00:31:03.07
226	154	Donna O Sullivan	F	F35		00:31:07.90
227	2	Orla Cunningham	F	FS		00:31:09.74
228	5	Chris Power	M	MS		00:31:11.54
229	57	Linda Keane	F	F45		00:31:12.38
230	255	Evelyn Liston	F	F35		00:31:31.44
231	348	Mary Kearney	F	F45		00:31:36.01
232	322	Miriam Crowley	F	FS		00:31:51.14
233	9	Loretta McNamara	F	F55	Graney AC	00:31:51.55
234	161	Catherine Ryan	F	F50	Love2Run	00:32:00.77
235	8	Paula Bowes	F	F35	Graney Ac	00:32:02.16
236	16	Niamh McNamara	F	F35		00:32:02.59
237	4	Mary Brady	F	F35	Individual	00:32:03.41
238	284	Mary Fahy	F	F40		00:32:14.30
239	85	Siobhan Kennedy	F	F35		00:32:15.69
240	286	Laura O'Connor	F	FS		00:32:27.36
241	149	Sarah Griffey	F	FS		00:32:27.39
242	75	Lisa Lane	F	FS		00:32:36.66
243	74	Eoin Conheady	M	MS		00:32:37.00
244	10	Mary Lynch Morgan	F	F35	Cumann suileadoiri agus ritheadoir	00:32:44.22
245	98	Paula McHale	F	F45		00:33:00.04
246	106	Caroline McLoughlin	F	F45		00:33:35.15
247	88	Mairead Tarpey	F	F40	Athenry Ac	00:33:53.32
248	352	Brendan Travers	M	MS		00:34:04.46
249	291	Treasa Costello	F	F35		00:34:18.46
250	324	Susan Quinlan	F	F45		00:35:03.67
251	126	Jacinta McEvoy	F	F50	Storm Runners 2019	00:35:43.68
252	283	Catherine Roberts	F	F50		00:37:35.46
253	292	Caroline Rushe	F	F35		00:39:32.11
254	173	Grainne Synott	F	F35	Love2Run	00:39:33.60
255	81	Patricia O Mahony	F	F35		00:40:46.80

256	276	Emma Malone	F	FS		00:47:05.05
257	277	Deirdre Pepper	F	F35		00:47:12.92
258	168	Jo Fennessy	F	F50		00:48:06.45
259	119	Patricia Sheehan	F	F60	Marian AC	00:51:54.62
260	42	Noel Coughlan	M	M45	N/a	00:52:02.98
261	280	Michelle Courtney-Ryan	F	F40	none	00:52:57.74
262	281	Jacinta Courtney	F	F45	None	00:53:02.45
263	159	Tracey Fitzgerald	F	FS		00:53:41.68
264	41	Colette Coughlan	F	F45	N/a	00:53:49.89